

# HAVING FAITH AND TRUST WILL LEAD TO SUCCESS

I am a big believer in goal setting. I know for sure that when you set a goal, and believe in your heart of hearts that it's going to come true. This Universal law has been proven to me over and over again throughout the years – basically it is “ask and you shall receive.” The thing you desire the most will eventually come to fruition. But it's the “eventually” part that can be frustrating.

What do you do when you have been wanting the same thing for so long – maybe waiting for years – and you still don't get it? Just hang in there, knowing that what you want is already yours.

When you know what you want and have done everything you can, the only thing you can do is have faith and trust that Infinite Intelligence is working to make your dreams a reality. Sometimes it takes a while. We have to know our dreams were ours the minute we decided we wanted them. They are manifesting themselves. We just need to be patient.

Is being patient an easy task? Not always. Sometimes it can even be depressing waiting for what we want to show up in physical form. But we have to realize if we weren't supposed to have what we dream about then we would never have had the dream. We just need to believe in our dreams and ourselves and allow the Universe to work in its own divine time.

**You need dedication combined with perspiration moving toward a destination to get your ideal realization.**

In closing this week, I'd like to offer an exercise to complete in the week ahead:

So, how do you keep the faith when it doesn't seem like anything is happening? Stay focused. Stay focused. Stay focused. Keep your mind focused on your goal. Don't allow present circumstances to fool you into thinking that this is your future circumstance. You know your future. You know what you'll be doing. It's manifesting itself right now. You just have to meet it and be ready when it arrives.

One way to do this is by “acting as if”. Act as if you are already living in your dream home. (After all, you will be). Act as if the promotion or new job you desire is already yours. (In reality, it is.)

When you wake up in the morning I want you to close your eyes and see yourself living your dream. If a new job is what you really want, see yourself arriving at that new job, smiling and ready to go to work. If a new home is your dream, watch yourself as you walk outside to retrieve the morning paper. Turn around and look at your dream house. It's there. It's yours. You dreamed about it. Now it's a reality.

Do this 10 minutes every day, first thing in the morning and last thing at night. “Act as if” until you're living your dream.

*Mark Victor Hansen, “that Chicken Soup for the Soul guy®”, inspires NEW VISION that generates innovation, productivity and profitability. [markvictorhansen.com](http://markvictorhansen.com). Copyright(c) 2003, Mark Victor Hansen. All rights reserved. For information about Mark's Keynote Presentations, contact the Frog Pond at 800.704.FROG(3764) or email [susie@frogpond.com](mailto:susie@frogpond.com); <http://www.frogpond.com>.*

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